COURSES for LEARNING OPPORTUNITIES

Training Development Requests

Professionals from our agency have offered the courses listed below in a variety of settings. Most of them can be adapted to meet the needs of a particular audience. In addition to the training courses listed below, the Cornerstones Collaborative Learning Center has professional training staff that can develop curriculum to meet identified needs on other topics. Training staff also have access to professionals throughout our agency which have expertise in a variety of areas. You may seek more information or request a course for your group by emailing Training@cornerstonesofcare.org or by calling 816-508-6205.

1. ACES: Reducing Frequency & Impact (FCP)
   This training explores the research findings of the A.C.E. study by Felitti (Kaiser Permanente) and Anda (CDC) and provides strategies for reducing the frequency and negative impact of adverse childhood experiences.
   Audience: All
   Location: Classroom
   Timeframe: 1-6 hours
   Continuing Education Credit: Y

2. ADOPTION: Diligent Recruitment Efforts: Child-Focused Strategies including . . . (P)
   a. Record mining
   b. Family mapping
   c. Engaging the child in recruitment
   d. Using technology
   e. Turning the family support team into recruiters
   This training includes some new tools and new uses for old tools, redirection of skills, and motivation to not give up on children when it is challenging to find an adoptive resource. The focus begins with persons who know the child.
   Audience: Foster Care/Adoption Professionals
   Location: Classroom
   Timeframe: 6 hours
   Continuing Education Credit: Y
3. ADOPTION: Adoption & Attachment (FP)
   a. How trauma affects attachment
   b. Preparation of potential adoptive families
   c. Nurturing attachment between children and adoptive families
   d. Coaching, supporting, and providing resources to adoptive families
   This training covers some basics to be sure everyone starts with the same understanding regarding the importance of attachment. If staff have had attachment training already, the first part can be covered quickly and more focus given to tools and resources. For example, in one circuit, we used a small portion of the Child of Rage video; in another where most had a good understanding of that, we focused more on trauma-informed strategies for working with attachment.
   Audience: Foster & adoptive parents/Foster care & adoption professionals
   Location: Classroom
   Timeframe: 6 hours
   Continuing Education Credit: Y

4. ADOPTION: Preparing Families for Forever (P)
   a. Issues in adoption staffing decisions
   b. Working with children who refuse or are uncertain about being adopted
      1. Group work – planning and implementing an adoption preparation workshop for specific age groups
      2. Individual work – tools and strategies to assist a child or youth in the journey from foster care to adoption
   c. Preparing the family for lifetime commitment
      1. Helping the family make good decisions about known needs
      2. Preparing the family for future and emerging needs
   This training can be one session or several sessions depending on the detail requested.
   Section C focuses on preventing adoption disruption.
   Audience: Adoption professionals
   Location: Classroom
   Timeframe: 6 hours
   Continuing Education Credit: Y

5. ADOPTION: Assessing and Preparing Relatives for Adoption (P)
   a. Issues in assessing relatives as adoptive resources
      1. Boundaries and birth family relationships
      2. Family history regarding abuse and neglect
      3. Flexibility in role changes and relationships
   b. Preparing relatives to adopt special needs children
      1. Knowledge, skills, and support to provide trauma-informed care
      2. Knowledge, skills and support to manage mental and behavioral health issues
      3. Empowerment to manage family relationships
   c. Issues in preparing the child for adoption by relatives
   Audience: Adoption professionals
   Location: Classroom
   Timeframe: 6 hours
   Continuing Education Credit: Y
6. **ADOPTION: Supporting Adoptive Families (FCP)**
   This training will concentrate on adoption related issues that must be addressed when families seek assistance. This training will help participants develop an understanding of the issues unique to adoption, as well as the specific needs of adoptive families. Participants will learn strategies for supporting adoptive families to prevent disruptions.
   
   **Audience:** All  
   **Location:** Classroom  
   **Timeframe:** 1-6 hours  
   **Continuing Education Credit:** N

7. **ADOPTION: Using the Sibling Matrix to Make Decisions (FP)**
   This training utilizes the sibling matrix to evaluate the type and strength of bonds and inform the decision regarding keeping siblings together or separating them for purposes of adoption.
   
   **Audience:** Foster & adoptive parents/Foster care & adoption professionals  
   **Location:** Classroom  
   **Timeframe:** 2-6 hours  
   **Continuing Education Credit:** Y

8. **Altered States (FCP)**
   This series of trainings takes a person-centered approach to working with children and families struggling with substance use, including the following:
   - Current trends in substance use and abuse,  
   - How specific substances affect the brain and decision-making,  
   - Signs and symptoms of substance abuse  
   - How to mitigate the impact on individual and family function,  
   - How to support a person through their journey to recovery
   
   Courses can be tailored to meet the needs of participants. The length can vary from 2-6 hours and can include, but is not limited to, alcoholism, opioid abuse, over-the-counter medication abuse, teenage substance abuse, methamphetamine, and marijuana.
   
   **Audience:** All  
   **Location:** Classroom  
   **Timeframe:** 1-6 hours  
   **Continuing Education Credit:** Y

9. **Assertiveness (FCP)**
   This training session focuses on teaching staff to appropriately define and use assertive skills with clients and to teach clients to use these same skills within their family and community to promote self-sufficiency, self-advocacy and to gain increased confidence in their ability to seek assistance in meeting their family’s needs.
   
   **Audience:** All  
   **Location:** Classroom  
   **Timeframe:** 1-6 hours  
   **Continuing Education Credit:** Y
10. Attachment and Child Development (FCP)
This training will focus on how attachment or lack of it between a child and caregiver affects development. Participants will learn the strategies necessary to help a child heal from inadequate attachment.
Audience: All
Location: Classroom
Timeframe: 3-6 hours
Continuing Education Credit: Y

11. BRAVE HEARTS: The Importance of Fathers (FCP)
This workshop is designed for professionals working with men who are, voluntarily or by court order, seeking a better relationship with their children. Using interactive presentations, exercises, and videos, this training focuses on factors affecting fatherhood such as:
   a. Perceptions as competent caregivers
   b. Beliefs about fathering
   c. Psychological wellness and role stress
   d. Characteristics of their child
   e. Relationship with their child’s mother
   f. Network of support outside of family
   g. Economic and work-related status
   h. Social isolation
   i. Aspects of fatherlessness
   j. Effects on children living without their dads
   k. Barriers to and strategies for engaging fathers
   l. Worker biases
   m. Social barriers for fathers
   n. Collaboration with multiple providers
Audience: Child welfare professionals, therapists
Location: Classroom
Timeframe: 3-6 hours
Continuing Education Credit: Y

12. Building Resilience in Families (FCP)
This workshop identifies skills and practices for families, including biological, foster, adoptive, and step families, that will build their capacity to walk with children through challenging times. Building into a regular schedule simple daily practices strengthens family connections and provides opportunities for practicing coping strategies. Planning and utilizing trauma-sensitive tools encourages early identification of issues, allowing energy to be invested in prevention and healing rather than reaction and burnout.
Audience: Parents and Professionals who support parents
Location: Classroom
Timeframe: 3-6 hours
Continuing Education Credit: Y
13. Capacity Building for Resiliency (FCP)
This workshop provides tools for individuals who find themselves falling short in focus, in finding meaning, in mitigating stress, in managing emotions, in preventing reactivity and burnout. Using concepts from The Power of Full Engagement (Loehr & Schwartz, 2003) and trauma-informed strategies, the process of building rituals provides a roadmap for personal growth. This workshop can also be adapted to help supervisors build resiliency in their employees. This workshop can be 6 hours long or extended to a 2-day workshop.
Audience: All
Location: Classroom
Timeframe: 2-6 hours
Continuing Education Credit: Y

14. Child Abuse, Neglect and Mandated Reporting (FCP)
This training takes an in depth look as the physical, sexual, and emotional abuse and neglect of children, including physical and behavioral indicators. It includes who is considered a mandated reporter, the process of making a hotline call, how that call is handled and potential outcomes. This interactive training includes activities.
Audience: All
Location: Classroom
Timeframe: 3-6 hours
Continuing Education Credit: Y

15. Child Passenger Safety (FCP)
More than 90% of persons who come to car seat checks are using them in ways that may not keep children safe. This practical training provides those who transport children opportunities to practice skills to select the appropriate car seat, adjust it for children of various ages and sizes, and install it correctly. It also covers crash force, the dangers of after-market products, ways to reduce injuries caused by air bags, and more. This training requires a minimum of 4 hours. Participants must correctly demonstrate installation of front-facing and rear-facing restraints.
Audience: All who transport children in vehicles
Location: Classroom
Timeframe: 4 hours
Continuing Education Credit: Y

16. Chronic Neglect (P)
This training takes an in depth look as the Chronic Neglect Family. The focus centers on examining the root causes of the phenomenon that permeates the Child Welfare System. The training explores the relationship between childhood trauma and the survival behaviors that plague parents who chronically neglect their children. Participants also receive information on intervention strategies for breaking this cycle.
Audience: Child Welfare professionals
Location: Classroom
Timeframe: 6 hours
Continuing Education Credit: Y
17. Critical Thinking (FCP)
This training will focus on using critical thinking skills in decision making. Participants will learn the skills necessary to become good critical thinkers including identifying common thinking errors and developing good questions. Participants will then practice applying this knowledge to key critical decision points of a variety of situations.
Audience: All
Location: Classroom
Timeframe: 6 hours
Continuing Education Credit: Y

18. Crucial Conversations (FCP)
How to encourage dialogue when the stakes are high, opinions vary, and emotions are strong. This workshop, based on the book of the same name, focuses on skills to create safety, improve listening, and achieve solutions in highly charged situations.
Audience: All
Location: Classroom
Timeframe: 6 hours
Continuing Education Credit: Y

19. Cultural Humility & Responsiveness (FCP)
This training is intended to help develop and enhance skills in working more effectively with children, families, and communities from a variety of ethnic, political, economic, lingual, and religious backgrounds. This training will enhance participant’s awareness of how to be respectful of the values, beliefs, traditions, customs, and parenting styles of the families we serve. This training will focus on enhancing participant’s cultural competency in providing services to children and families.
Audience: All
Location: Classroom
Timeframe: 2-6 hours
Continuing Education Credit: Y

20. Discharge Planning: Transitioning Children from Residential Treatment to Home Settings (FCP)
This training explores the needs of children placed in residential treatment settings including their trauma history and neurodevelopmental needs, assessment of caregivers’ capacities to meet those needs, the decision making process for transition, and preparation strategies for the child and caregiver.
Audience: Parents/Guardians of children needing residential treatment; Child Welfare professionals
Location: Classroom
Timeframe: 3-6 hours
Continuing Education Credit: Y

21. Documentation (P)
This training will focus on increasing skills in writing reports that are clear, concise, and professional. The training will review goal setting and writing behaviorally specific goals to increase successful interventions with families. This training will assist the participant in increasing their quality in written reports.
Audience: Professionals
Location: Classroom
Timeframe: 4 hours
Continuing Education Credit: Y
22. Domestic Violence (FCP)
This training session focuses on the issue of Domestic Violence as specific to the provision of Child Welfare Services. Focus will be on structuring for safety in Domestic Violence situations. This session will provide strategies for identifying and assessing Domestic Violence as well as working with the victim, child and perpetrator during the intervention.
Audience: All
Location: Classroom
Timeframe: 3-6 hours
Continuing Education Credit: Y

23. Engaging families (P)
This training session is designed to help participants develop skills to work with families that have a pattern of issues that consistently challenge and frustrate child welfare workers. Building strategies based on brain science reduces resistance, manages triggers, and creates opportunities for growth and change.
Audience: Child welfare workers, family therapists
Location: Classroom
Timeframe: 3-6 hours
Continuing Education Credit: Y

24. Ethical Challenges in Decision Making (P)
This course examines the practical application of ethical standards among mental health professionals. Participants will explore ethical dilemmas and how the intersection of personal and professional values, standards, and commitments impact ethical decision making. A review of ethical decision making models to utilize when professional standards appear to be in competition with one another is included. Participants will discuss ethical congruence and explore professional conduct across various settings to buffer against ethical incongruence.
Location: Classroom
Timeframe: 3 hours
Continuing Education Credit: Y

25. Human Trafficking and Child Welfare (FCP)
This training is designed to heighten the awareness of the unique challenges in regards to human trafficking. Participants will learn definitions, laws, and the scope of both global and national human trafficking. This training will instruct participants on the characteristics of traffickers, recruiters and victims and inform participants about steps being taken by global, federal and state governments. The participants will also learn the challenges that arise in recognition, assessment, intervention, and treatment of victim. Training includes assessment tools and intervention strategies. This training is approximately 6 hours. Time can be adjusted to meet the needs of the participants.
   a. Define Human Trafficking and Domestic Minor Sex Trafficking
   b. Describe federal and state laws enacted regarding human trafficking
   c. Explain social, physical and psychological consequences of being trafficked
   d. Identify indicators of high risk for being trafficked
   e. Identify the forms of Human Trafficking.
   f. Leave training motivated to promote need for a coordinated community response to trafficking
g. List how traffickers recruit victims  

h. List strategies to respond to and mitigate Human Trafficking  

i. Recognize the scope of Human Trafficking  

j. State the difference between trafficking and smuggling  

k. Understand the challenges of traumatic bonding and the implications for victims  

l. Understand challenges for responding to Human Trafficking.  

m. Utilize interviewing strategies to assess and identify victims and promote ethical treatment  

Audience: All  
Location: Classroom  
Timeframe: 6 hours  
Continuing Education Credit: Y

26. Motivational Interviewing (P)  
This training utilizes Motivational Interviewing: Helping People Change (Third edition, 2013) to teach the core Motivational Interviewing principles, techniques, and strategies and to introduce the tools used by practitioners in everyday practice. This training can be tailored to fit the needs of the participants and can include basic classroom instruction and/or in-depth instruction on specific skills. Training can be paired with individual and/or group coaching to work on implementing Motivational Interviewing into everyday practice in a variety of environments and settings. Consultation Services are also available for assistance for those utilizing Motivational Interviewing techniques and desiring additional instruction or boosters.  
Audience: Child welfare professionals, therapists, family supporters  
Location: Classroom  
Timeframe: 12 hours  
Continuing Education Credit: Y

27. Partnering with Parents for Change (P)  
This training utilizes change theory and the Influencer Model™ to help parents create lasting change. Participants strengthen skills in identifying desired behaviors and implementing personal, social, and structural influences to achieve success. After exploring personal motivation and abilities, social encouragement and assistance, and structural supports and challenges, participants will learn to develop strategies to use these sources of influence.  
Audience: Child welfare workers, therapists  
Location: Classroom  
Timeframe: 3-6 hours  
Continuing Education Credit: Y

28. Partners in Education (FCP)  
This training focuses on educational advocacy for children in the foster care system. It covers Individualized Education Plans, ways to request services and maximize cooperation of school staff, and tips for helping children regain what gets lost when they must move between schools due to placement changes.  
Audience: Parents, guardians, child welfare professionals  
Location: Classroom  
Timeframe: 3 hours  
Continuing Education Credit: Y
29. Power of Play (FCP)
Play is deeply intertwined in human development and intelligence. Social skills, emotional regulation, conflict management, social reciprocity, problem solving and cognitive flexibility are just a few of the benefits derived from play. Discover the power of play and the impact of play deprivation on growth and development…. and the importance of play with populations at risk. It's more than 'just fun'!
Audience: All
Location: Classroom
Timeframe: 3 hours
Continuing Education Credit: Y

30. Preventing Child Sexual Abuse: Identifying & Supporting the Vulnerable Child (FCP)
This training can be adapted to last between 3 & 6 hours, looking at risk factors and characteristics that child sexual abuse perpetrators look for in children, as reported by convicted child sexual abuse perpetrators. This training will also look at the grooming process used and the red flags to be aware of to prevent child sexual abuse. Additionally, this training will take a look at the disclosure process and how to best support a child throughout their disclosure.
Audience: All
Location: Classroom
Timeframe: 3-4 hours
Continuing Education Credit: Y

31. Self Care (FCP)
This interactive training will introduce staff to the issues surrounding vicarious trauma and the importance of self-care. Participants will be introduced to a variety of self-care strategies during the training. They will engage in specific activities which can be fun and stretch comfort zones.
Audience: All
Location: Classroom
Timeframe: 3-6 hours
Continuing Education Credit: Y

32. SELF in Supervision: Trauma-Informed Strategies to Manage Vicarious Trauma (P)
Staff who work with traumatized clients or under chronic stress often fail to recognize how their work is changing them in unhealthy ways. This increases the risk for stress and burnout. This training offers supervisors tools to create a safe environment to empower staff to grow their emotion management skills, to deal with loss, and to generate hope. Strategies will be provided to hold staff accountable to trauma-stewardship practices.
Audience: Supervisors
Location: Classroom
Timeframe: 3-6 hours
Continuing Education Credit: Y

33. SELF WHEEL: Navigating Change in a Trauma-Informed Manner (FCP)
This training session will provide a trauma-informed formula and tool to help navigate and communicate organizational change. Based on the SELF model created by Sandra Bloom and used in the Sanctuary model. Participants will leave with a SELF wheel of their own design. This training will be experiential and action packed.

Audience: All
Location: Classroom
Timeframe: 3 hours
Continuing Education Credit: Y

34. SIBLING CONNECTIONS (FP)
Working with siblings can bring challenges. The course helps participants understand the importance of the sibling bond and the effect of childhood trauma on sibling relationships. By exploring trauma bonds and separation trauma, participants will gain skills in the decision-making process regarding separating siblings for placement and adoption. The course will cover ways to assess the health of the sibling bond, factors to weigh in this decision, and strategies for maintaining connections when siblings are separated.

Audience: Foster & adoptive parents; Child welfare professionals
Location: Classroom
Timeframe: 6 hours
Continuing Education Credit: Y

35. SUPERVISOR: Retention-Focused Supervision (P)
This training is based on the curriculum Staff Retention in Child & Family Services created by Michigan State University School of Social Work and has been adapted to include trauma-informed practices. The curriculum is built so it can be taught in individual sessions or as a series, in total or in part. Selections from workbooks can be separated or combined to meet the identified needs of staff.

Workbook 1: The Role of Leaders
- Introduction to Workbook Series
- The Role of Leaders in Staff Retention
- Challenges Facing Leaders in Retaining Staff
- Leadership Model for Staff Retention
- Culture for Staff Retention
- Mission and Direction
- Relationships and Leaders
- Capacity Building: The Leadership Team
- Capacity Building: Anticipating Change and Developing Resources
- Capacity Building: Developing a Professional Organization
- Policies and Practices
- Outcomes and Accountability

Workbook 2: The Practice of Retention-Focused Supervision
- The Process of Retention Focused Supervision
- Making the Case for Retention Focused Supervision
• Motivation in the Workplace
• Five Functions of Retention Focused Supervision
• Professional Development of Staff
• Increasing Effectiveness of the Supervisory Process
• Frequency, Intensity and Content of Supervision
• Outcomes and Accountability
• Managing the Impact of Stress and Burnout
• The Benefits of Retention Focused Supervision

Workbook 3: Working With Differences
• Managing Diversity in the Workplace
• The Scope of Diversity: Racial, Cultural, Ethnic and Social Class Diversity
• Introduction to Diverse Personalities at Work
• Diverse Learning Styles
• Diverse Behavioral Styles
• Managing Emotions to Enhance Effectiveness

Workbook 4: Communication Skills
• Communication Skills for Retention Focused Supervisors
• The Impact of Behavioral Styles, Feelings & Assumptions on Communication
• Listening and Observation
• Effective Use of Questions in Supervision
• Using Constructive Feedback and Confronting Issues
• Using Empathy in the Supervisory Relationship
• Communicating Encouragement, Recognition and Celebrating
• Applying Communication Strategies Based on Objectives

Workbook 5: The First Six Months
• The First Six Months
• Characterizing the First Six Months of Employment
• Significant Emotional Stressors in Child and Family Service
• The Supervisory Process in the First Six Months
• Phase 1 – Selection and Hiring of new staff
• Phase 2 – Initial Orientation
• Phase 3 – Formal and Informal Job Training
• Phase 4 – Assuming a Workload
• Phase 5 – Increased Assignments
• Phase 6 – Normal/Full Workload

Workbook 6: Recruiting and Selecting the Right Staff
• Recruiting and Selecting the Right Staff
• Five Elements of Recruiting and Selecting the Right Staff
• On-Going Recruitment
• Six-step Process for Recruiting and Selecting the Right Staff
• The Supervisor’s Role in Recruiting and Selecting Staff
Audience: Supervisors
Location: Classroom
Timeframe: 3-72 hours
Continuing Education Credit: Y

36. SUPERVISOR: Emerging Leader Series (P)
This training can be offered in part or in its entirety. It can be custom tailored to fit the needs of the participants or the company/agency.

Workshop #1  PROFESSIONAL BEHAVIORS
• Work Style Profiles
• What Makes A Leader
• Challenges of Being a “Working Supervisor”

Workshop #2  PEOPLE MANAGEMENT, PART 1
• Creating a Culture of Accountability
• Communicating Expectations
• Giving/Receiving Feedback

Workshop #3  COMMUNICATION
• Verbal/Non-Verbal Communication
• Listening
• Telephone/E-Mail Communication
• Motivation

Workshop #4  TIME/STRESS/PROJECT MANAGEMENT
• Time Management
• Stress Management
• Self Management
• Project Management

Workshop #5  PEOPLE MANAGEMENT, PART 2
• Team Building
• Diversity

Workshop #6  PEOPLE MANAGEMENT, PART 3
• Managing Conflict
• **Difficult Conversations**
• **Delegation**

**Audience:** Individuals seeking to move into leadership positions  
**Location:** Classroom  
**Timeframe:** 36 hours  
**Continuing Education Credit:** Y

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37. **Teaching Parenting Skills (P)**  
This training is designed to offer participants a variety of practical tools and approaches to teaching parents about child management, child development, and other parenting skills. Participants will learn a variety of techniques for teaching parenting skills and will receive tools that can be used when working with parents. Participants will also increase their knowledge of child development to enhance their ability to teach parents. This training is approximately 6 hours. Time can be adjusted to meet the needs of the participants.  
**Audience:** Parent Aides, therapists, child welfare professionals  
**Location:** Classroom  
**Timeframe:** 6 hours  
**Continuing Education Credit:** Y

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38. **Time management (FCP)**  
This training will focus on enhancing the skills needed to successfully budget our time. Participants will learn strategies for dealing with common time thieves and will develop a proactive plan to meet their time management goals. This training is approximately 6 hours. Time can be adjusted to meet the needs of the participants.  
**Audience:** All  
**Location:** Classroom  
**Timeframe:** 2-6 hours  
**Continuing Education Credit:** N

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39. **Trauma Informed Care: A Primer (FCP)**  
This training will introduce participants to the psychobiology of trauma and how trauma and chronic stress affect the brain and brain development. Participants will gain an understanding of triggers, survival behaviors and trauma reenactments in order to better serve the children and families that we work with. This training is approximately 6 hours. Time can be adjusted to meet the needs of the participants.  
**Audience:** All  
**Location:** Classroom  
**Timeframe:** 2-6 hours  
**Continuing Education Credit:** Y

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40. **Trauma and Brain Development (FCP)**
Through a brain building activity, participants will be introduced to the neurobiology of how early experiences affect brain development. The focus is on the first eight years of life. The discussion includes the role of supports and positive experiences as a way to reduce the impact of adverse childhood experiences.

**Audience:** All  
**Location:** Classroom  
**Timeframe:** 3 hours  
**Continuing Education Credit:** Y

### 41. Trauma-Informed De-escalation Skills (FCP)

This training session focuses on prevention and assessment skills to enhance the participants’ ability to respond to a potential crisis situation in a professional and calm manner. The skills review is based on the least restrictive intervention model and includes an intervention judgement activity. The participant will leave with a continuum of interventions to add to their already existing toolkit.

**Audience:** All  
**Location:** Classroom  
**Timeframe:** 4 hours  
**Continuing Education Credit:** Y

### 42. The Trauma Re-Enactment Triangle: How to Escape the Drama (FCP)

This course explores trauma re-enactment, including the roles of persecutor, victim, and rescuer. Participants explore their own use of power, boundary issues, and ways one can be pulled into unhealthy relationships and drama. Skills are developed to step out of the triangle into more healthy roles and strategies for helping others escape the triangle.

**Audience:** All  
**Location:** Classroom  
**Timeframe:** 3-6 hours  
**Continuing Education Credit:** Y

### 43. Turning Barriers into Bridges: Working with Oppositional Youth (FCP)

This course provides foster parents, biological parents and workers with creative tools to positively engage youth who frequently display oppositional behaviors. Information regarding developmental factors, emotional minefields, and social skill building in covered.

**Audience:** All  
**Location:** Classroom  
**Timeframe:** 2-6 hours  
**Continuing Education Credit:** Y

### 44. Vicarious Trauma: Prevention and Healing Practices (FCP)

This course focuses on building regular practices into the lives of individuals and groups (teams, families, organizations) that identify symptoms, provide interventions, build resilience, and reduce the impact and incidence of chronic stress and vicarious trauma. Participants will learn the risk factors and protective factors that affect maintaining healthy connections or maladapting to chronic stress and traumatic events.

**Audience:** All  
**Location:** Classroom
45. **Working with Lesbian, Gay, Bisexual, and Transgendered Youth (FCP)**

This training focuses on enhancing cultural competency practices with LGBT youth. The training will include values clarification exercises, self-reflection, and interaction with peers. Participants will be equipped to serve LGBT youth with confidence and competence. Special focus will be given to the competent practice with transgender and gender nonconforming youth. This training is approximately 6 hours. Time can be adjusted to meet the needs of the participants.

Audience: All

Location: Classroom

Timeframe: 6 hours

Continuing Education Credit: Y