



Partnering for *safe and healthy* communities.



FROM FOSTER CARE TO

A CAREER IN FOSTER CARE:

*A Story of Resilience*

## From Foster Care to a Career in Foster Care: A Story of Resilience

Youth in foster care often hear again and again, “I don’t want you. I don’t want you. I don’t want you.” Rejection is a key component of experienced trauma. Despite the odds, some exhibit remarkable resilience. **Resilience** is the process of adapting well in the face of adversity, trauma, tragic threats, or significant stress. **Cornerstones of Care team member Makaila's story is one of forgiveness, acceptance and extraordinary resilience.**

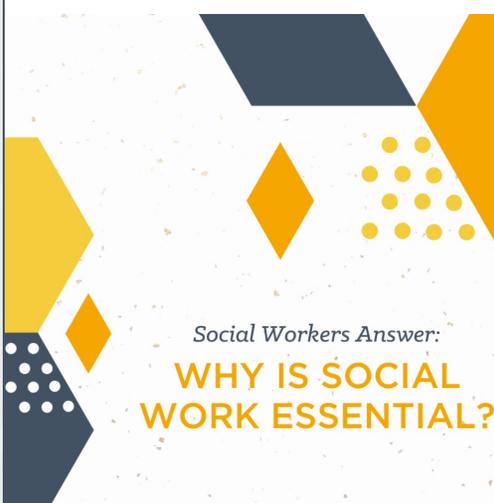
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### Cornerstones of Care Community Forum

Join us for a special forum over morning virtual coffee at 8 a.m. on Tuesday, March 23. This community meeting will share the impact Cornerstones of Care had in 2020 on the lives of 15,000 children and families, thanks to community supporters like you! Hear about changes ahead and our key priorities for 2021. And, join us in continuing to respond to the needs of children and families, just as we’ve done for 150 years – as we move forward, together!

[RSVP](#)



### Social Workers Answer: Why is Social Work Important?

March is National Social Work Month, a time to shine a light on social workers and the incredible work that they do. From foster care case managers to intensive in-home specialists to licensing workers, they are the true unsung heroes of our organization. Rather than try and explain why social work is so important, we decided to have some of our team members explain why social workers are essential, and why they decided to take up the mantle of social work.

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## Save the Date: Thyme for Kids Online Plant Sale

Mark your calendars and be sure to shop our online plant sale from April 14 – April 29. You can pick up your order for free, or have your order delivered for an additional \$20 donation.

Proceeds from the sale support our [Build Trybe](#) program, a vocational and life skills program that empowers youth with employable skills in the culinary, building trades, horticulture and landscaping fields.

[LEARN MORE](#)



## Thank You For Making Savor the Sound a Success!

We are excited to announce that thanks to supporters like you, we raised **\$37,000!** Every day the Build Trybe team runs classes, makes products, grows food, and connects youth with communities and job opportunities. By supporting Savor the Sound, you have ensured they can continue to do this important work! We look forward to showing you exactly how your money will put to work in the coming year. **Thank you!**

### Professional Trainings, Community Events & Fundraisers

#### Professional Trainings

[Diagnosing Depression and Anxiety in Cancer Patients](#)

March 26 from 9 a.m.–3 p.m.  
online via Zoom

[Self-Care: Bigger Than Thyself](#)

June 4 from 11 a.m.–2 p.m.  
online via Zoom

[COVID Impact on the Grieving Process](#)

July 16 from 9 a.m.–12 p.m.  
online via Zoom

[Sensitive Communication in Healthcare](#)

August 27 from 9 a.m.–12 p.m.  
online via Zoom

[Cancer Support for the Whole Family, the Whole Time](#)

October 22 from 9 a.m.–12 p.m.  
online via Zoom

#### Community Events

[Community Forum](#)

March 23, 2021  
online via Zoom

[Real Talk with a Real Foster Parent](#)

Tuesdays at noon / Thursday at 6 p.m.  
online zoom meeting

#### Fundraisers

[Thyme for Kids Online Plant Sale](#)

April 14–29, 2021  
online sales launch April 14

1-844-824-8200 | [cornerstonesofcare.org](https://cornerstonesofcare.org) | [donate](#)

